4: Pierson Z-4, 5 (1935-1937) 1967
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and the next day she died. But before she died, he "arrived" and said it was he who had set fire to the *saueiro*. It was Oxóssi. Her husband also died. When one doesn't carry out his obligations [*cumpre com os seus deveres*], the *orixá* takes his life.

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Once I had a party at my house for some friends. But Xangô sent me a message that I should go to the *candomblé*. I said that I was not going because I was having a party. A little while later, while I was dancing with my friends, I suddenly got a stiffness in my legs. But I didn't pay much attention to it. Then I suddenly felt an "opening of the body" [*aperto no corpo*],[53] and I didn't know anything more. When I came to, I was dancing in the *candomblé*. When the *candomblé* was over, I went running clear to the top of Boeiros do Inferno ["Funnels of Hell"] without knowing anything about what I was doing. These are two hills called by that name because they are so high. I didn't feel anything. Afterward, Xangô beat me on the hands, and my hands swelled. When he "arrived" again, he said that I should pay more attention to him, or he would beat me some more. Once he struck me. On that day I was very tired, but I went to the *candomblé* and danced anyway.

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I dance when there is a big ceremony; I dance for hours at a time without getting tired. The spell seizes me, and sometimes I dance more than three days without feeling the least bit tired. When the *orixá* "arrives in my head," I spend a week or more "sleeping."[53] I don't feel anything. I don't see anything. People talk to me, but I don't know anything about what is going on.

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If one drinks water, the *orixá* doesn't "arrive." For instance, one feels cold. That cold is in the body. The *orixá* wants "to arrive." Then one drinks water. He who is of the *preceito* does not drink water. And whoever drinks, breaks the *preceito*. It is prayed ten times.[54]

[53] A "trembling of the body," signifying that the *orixá* wished to enter and to "manifest himself" in human form. See chap. x.

[53] That is, moving about, but unconscious of what is happening.

[54] That is, by taking a drink of water, one can presumably prevent the deity from entering the body. One must at the same time pray ten words and tap the ground ten times. In this way, the *preceito* (i.e., the control of the deity over one) is broken.

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I stayed only seven days in the *casa*,[15] because my head was washed. Others spend three months there, lying down all the time. They lie awhile on one side, then on the other, and then face down. One takes a bath in water perfumed with sacred leaves. Every day. The bath is cold, very cold. You must change your clothes and the bed linen every day. It isn't in a real bed that one lies down. They put a mat on the floor, and you have only a pillow and a sheet. You can move, but only from one side to the other, never over on your back. During the time you are in the *camarinha*, you cannot see your relatives. You may see them only on the day you leave. But then you must go at four in the morning and return at four in the evening so that the dew will not fall on your head.

There may be others in the *camarinha*. Sometimes many others. All of them stay in the same room. They sleep with their heads together. If there are ten, there will be space for all ten. While they are in the *camarinha*, they do not attend ceremonies.

I did not go through all this because my head did not have to be shaved. I had my *orixá* from birth. When I came into this world, he already knew everything.[16] My *pae de santo* has "worked" with many people. Last week he was here in Fazenda Grande.

When my *orixá* took possession of me, I quit eating he-goat. Because of the taboo of the *orixá* one cannot eat certain things. During all my life I cannot eat he-goat, because of the taboo. Neither can I eat turtle. For he who is of Xangô does not eat either he-goat or turtle. He who is of Ogum must not eat sheep's meat. Some *filhas* must not eat fruit; others must not eat fish *de couro*, only those fish which have scales. Crabs cannot be eaten by some, nor the leaf of Ogum. Water may be drunk, but only that which is drawn at 4:00 A.M., before the sun rises.

White maize must be eaten by some, depending on the *orixá*. For every *orixá* of every nation[17] has his own food. There is the food of Odé. There is that of Xangô, which is mutton.

[15] The period during which the candidate is initiated into her new function is spent within the sacred room, or *camarinha*, of the *candomblé* center.

[16] That is, he "knew" that she would be consecrated to him.

[17] That is, of each type of *candomblé*: Gêge-Nagô, Congo, Angolo, *de caboclo*.